

Moon Journal

follow your own path

Mabon House

LUNAR CYCLES



New Moon - a time to encourage beginnings



Waxing Moon - a time for growth & expansion



Full Moon - best time for energy & spell work



Waning Moon - a time for decrease and letting go



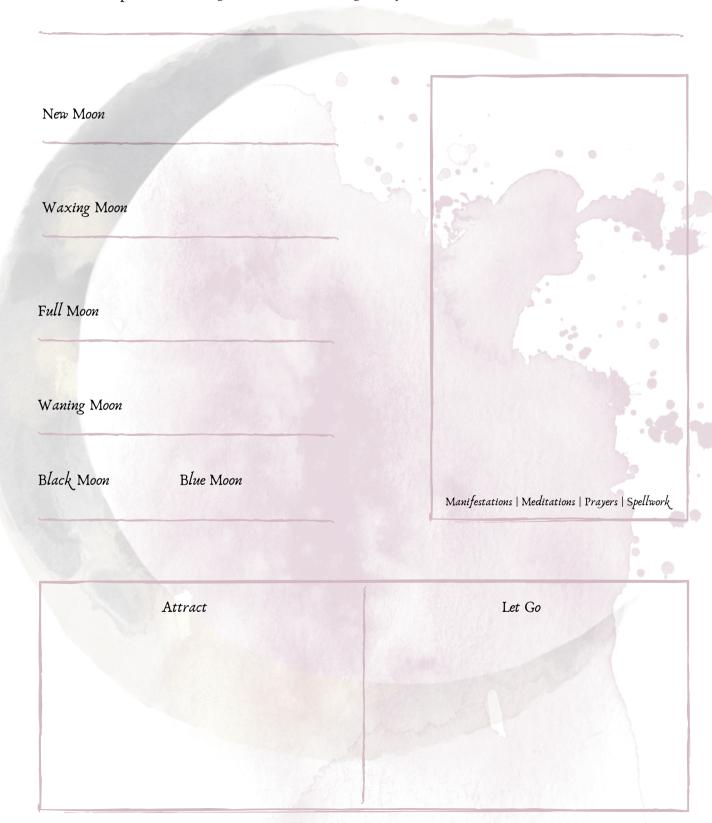
Black Moon - a second new moon in a month & considered more powerful than the first new moon

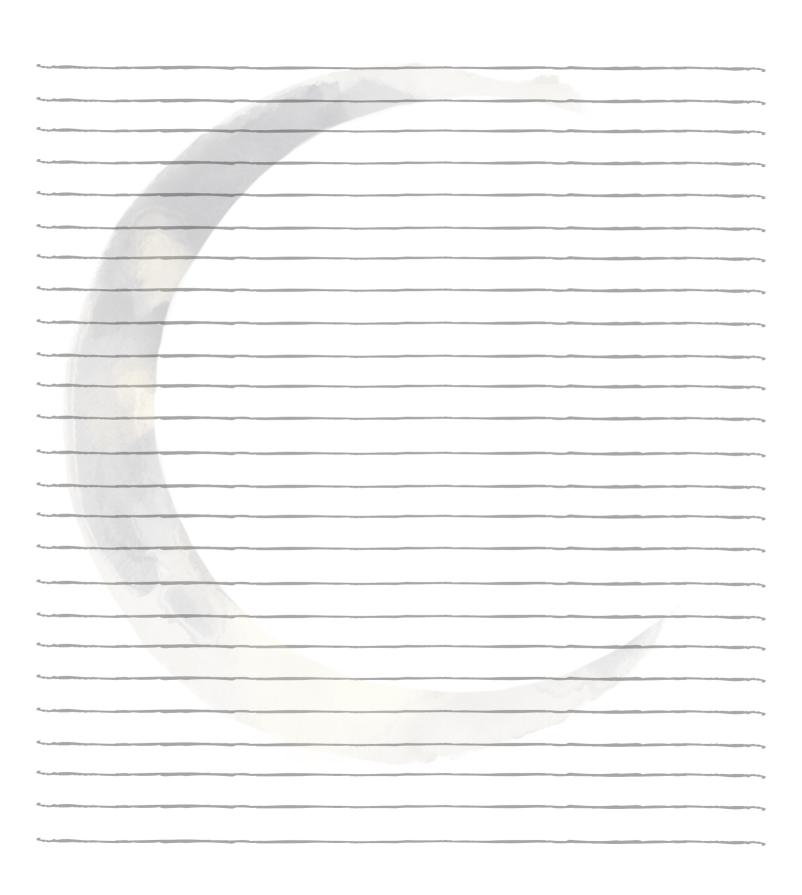


Blue Moon - a second full moon in a month & considered more powerful than the first full moon

January Moon

The January moon is known as the Wolf Moon or the Cold Moon. It's a good time for connecting with your higher spiritual power and to start thinking about the upcoming seasons of growth and harvest. What do you want to accomplish? What do you want to invite into your life?





February Moon

The February moon is known as the Snow Moon, the Hunger Moon, the Ice Moon and Quickening moon. This is the season of Imbolc and a good time to think about what kind of goals you would like to set for yourself, to help create more intentional joy and alignment in your life.

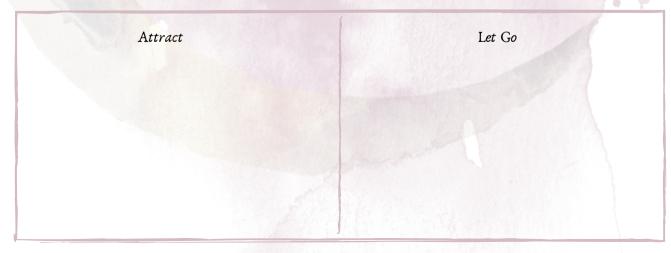


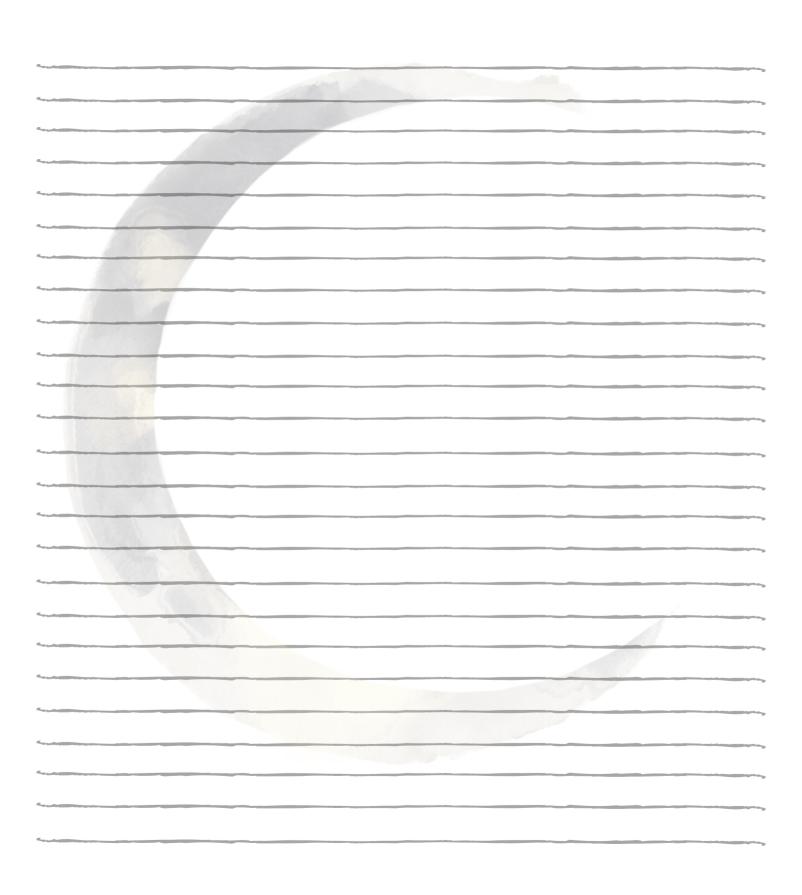


March Moon

The March moon is known as the Storm Moon or the Worm Moon. This is the season of Ostara, celebrating the start of springtime. March is a good time to start planting seeds - both literally and figuratively, in order to bring new experiences into your life.





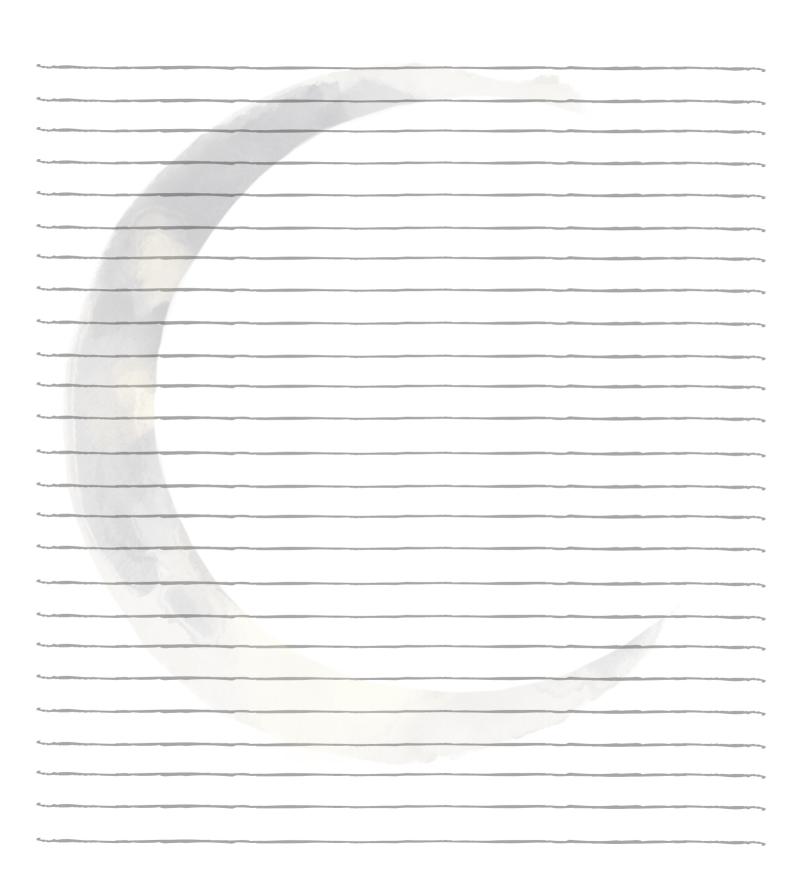


April Moon

The April moon is known as the Wind Moon or the Pink Moon. The season of love and conception, April is a good time to focus on romantic relationships, conceiving a child, and taking continued actions toward your goals.



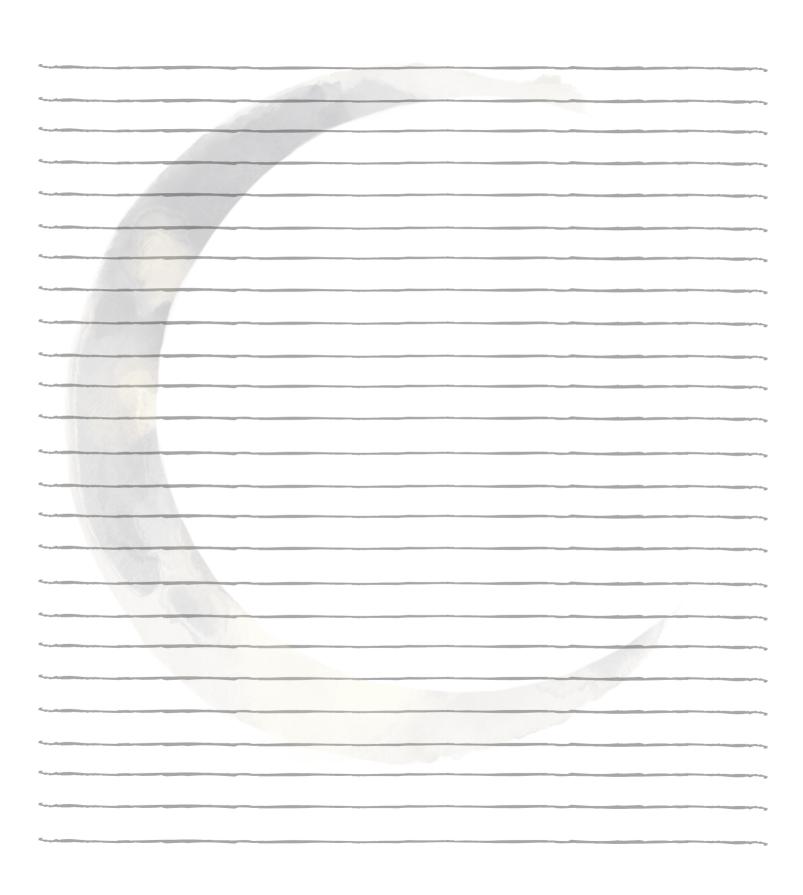
Attract Let Go



May Moon

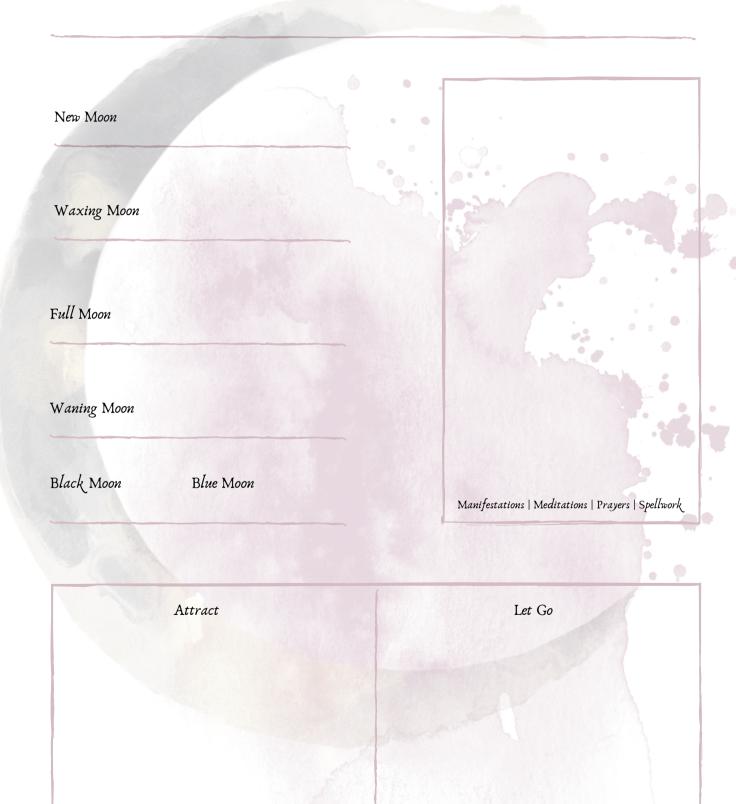
The May moon is known as the Flower Moon. This is the season of Beltane and good time to focus on creativity and abundance. How do you express creativity in your life? Use this time to explore your creativity, try new activities, and think outside the box.

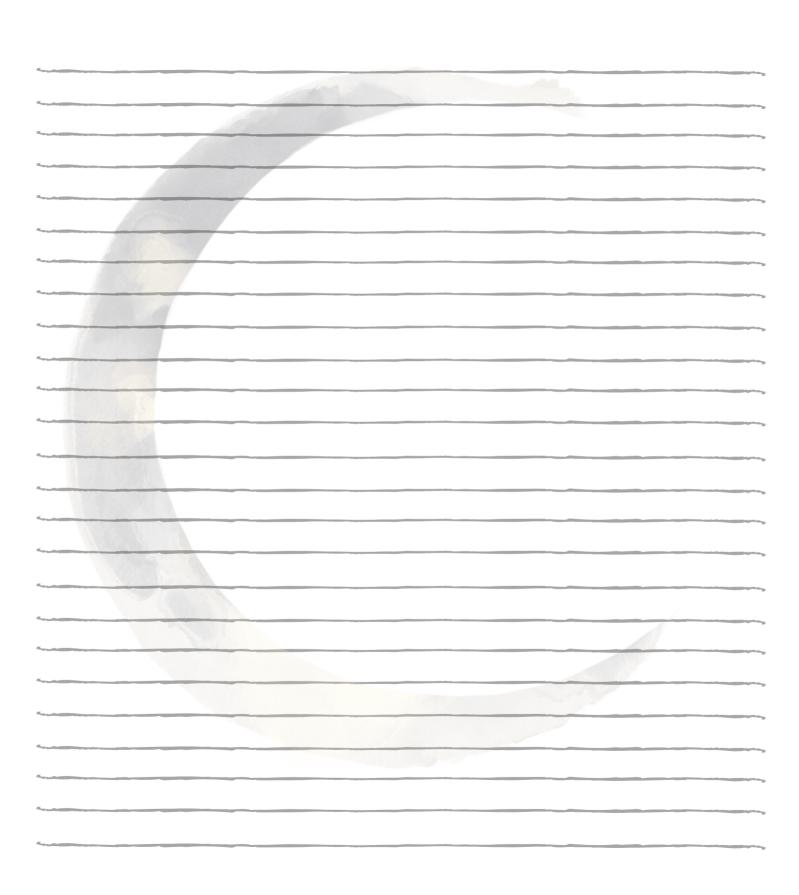




June Moon

The June moon is known as the Strawberry Moon or the Honey Moon. June is a time to celebrate the longest day of the year with Litha and the Summer Equinox. Spend time outside, enjoying the long days and abundant sunshine. What cues can you take from nature to help you along your spiritual path?



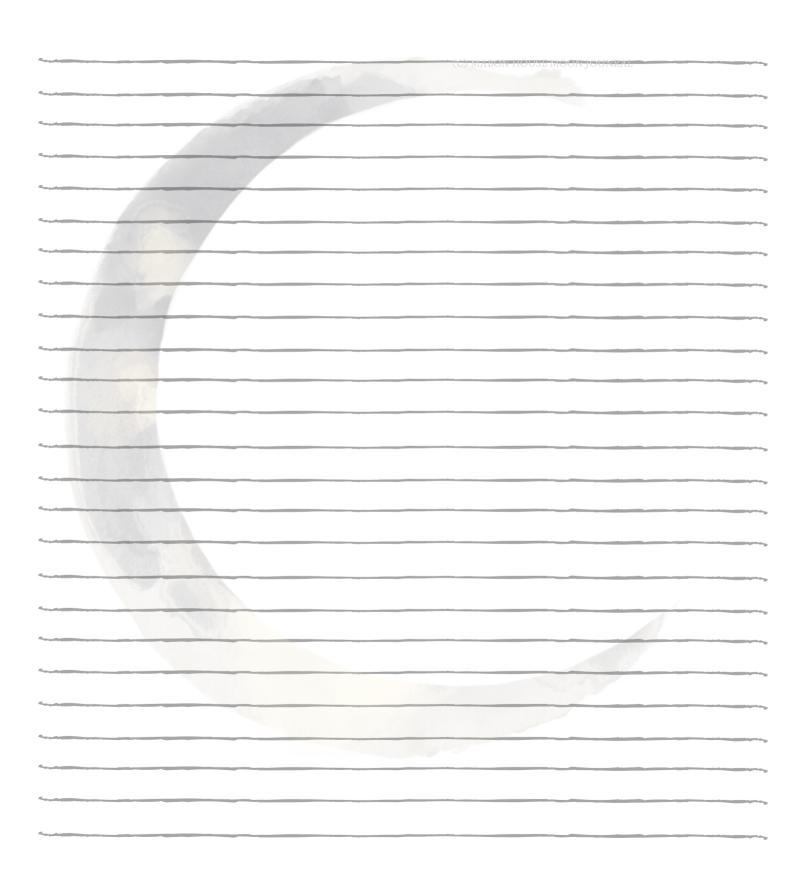


July Moon

The July moon is known as the Meadow Moon, Blessing Moon or Buck Moon. July is traditionally the warmest month of the year in the Northern Hemisphere and as such is a good time to relax, meditate and reflect on your life. It is also a good time to think about how you can bring more positive things into your life.



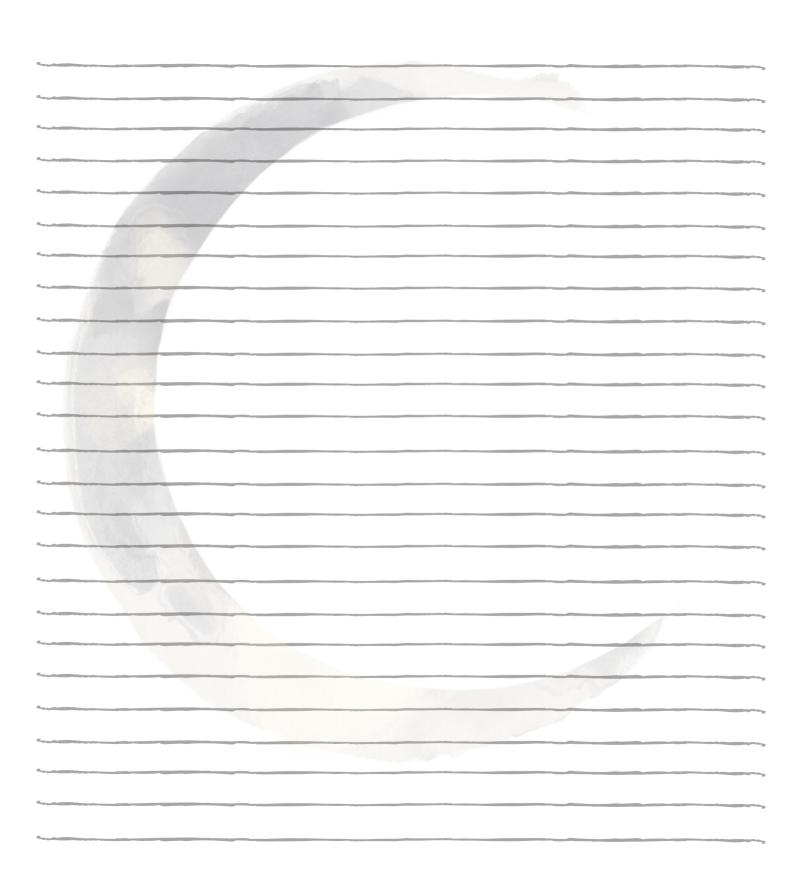
Attract	Let Go



August Moon

The August moon is known as the Barely Moon, Corn Moon or Sturgeon Moon. The first harvest of Lughnasadh is celebrated at the beginning of August and it is a time to celebrate all the work and toil of the past months, while still planning ahead for rest of the harvest season and coming winter. What actions can you take now to move you toward your goals and alignment?





September Moon

The September moon is known as the Harvest Moon, Singing Moon or Wine Moon. It is a time celebrate the balance of light and dark, with the Autumn Equinox and Mabon. As the Wheel of the Year comes to an end it also a good time to pause and give thanks for all the blessing in your life.



Attract Let Go

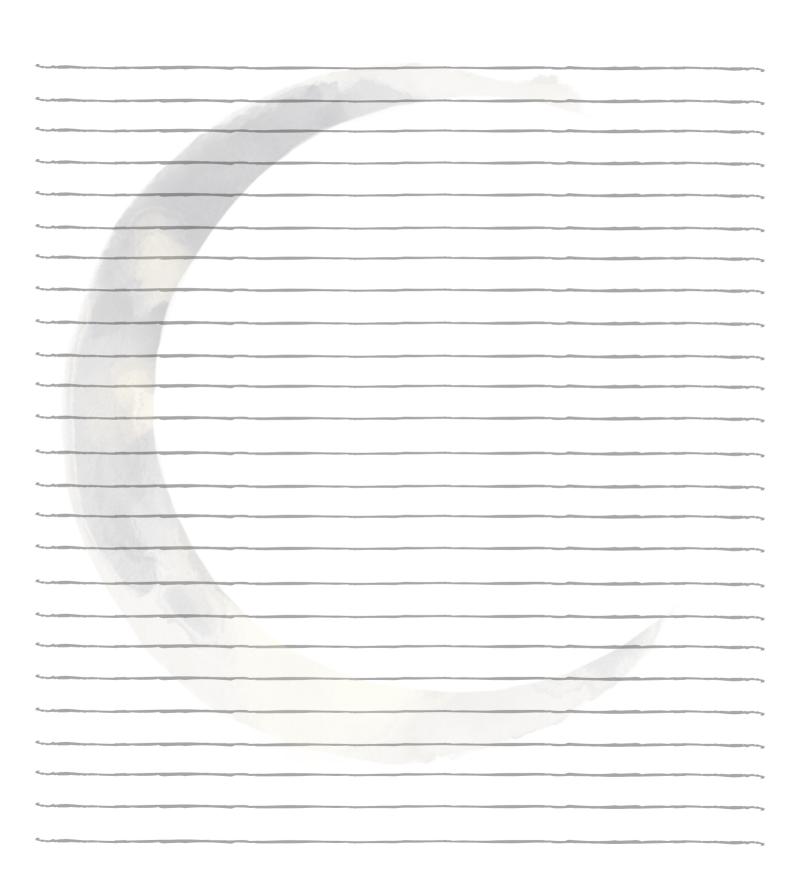


October Moon

The October moon is known as the Hunter's Moon or Blood Moon. Aligning with the celebration of Samhain, October is a good time to honor loved ones who have passed on. It is also a good time to do spiritual and physical house cleaning, to start letting of the things that no longer serve you.



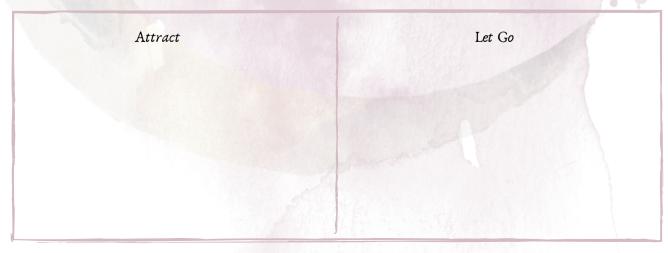
Attract Let Go



November Moon

The November moon is known as the Beaver Moon or the Mourning Moon. The first full moon in the Wheel of the Year, November is a good time to cultivate healthy habits and continue to let go of negative energy. As the days grow shorter and winter approaches, what are you ready to let go of? What will your life feel like, when you let go?

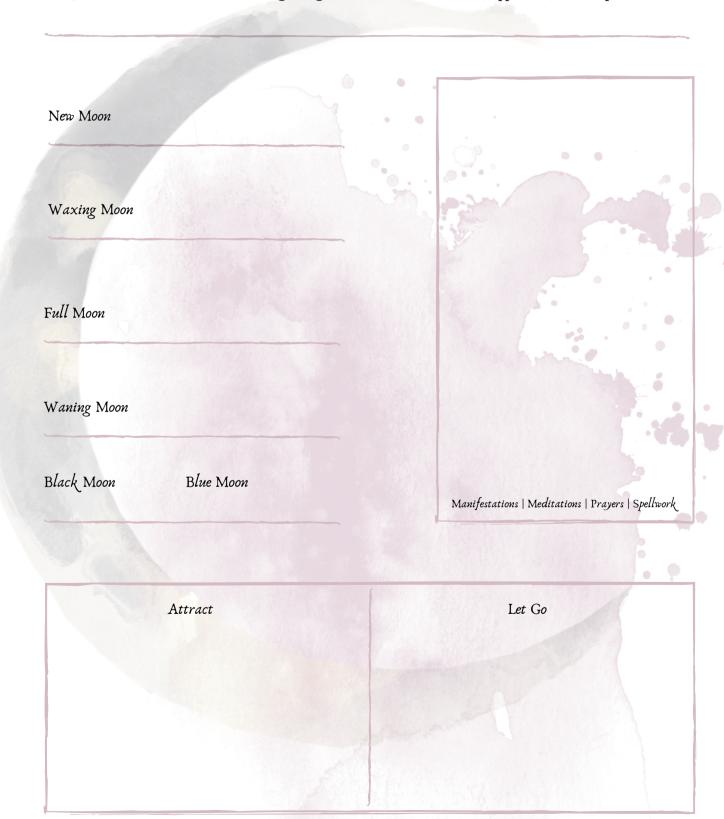


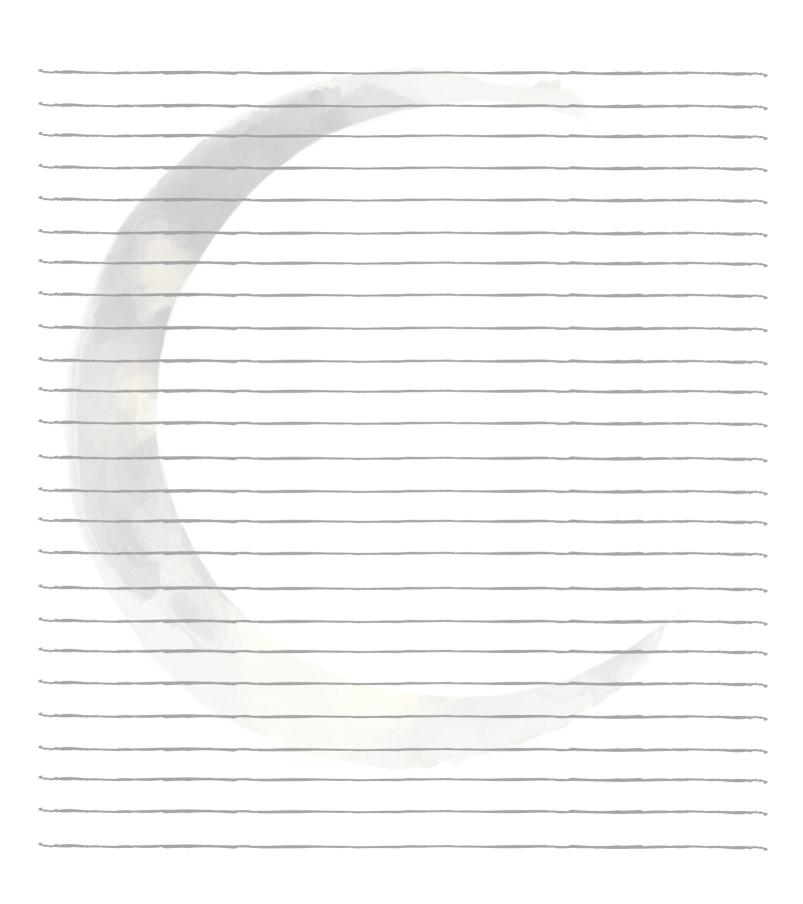




December Moon

The December moon is known as the Cold Moon, Big Winter Moon or Long Night's Moon. It is a time to celebrate Yule and the Winter Solstice. With the return of longer days, this is a good time to spend time with family and friends and celebrate the beginning of winter and new season of opportunity and hope.







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