

Cross-Quarter Days

Sambain

Sambain is the first sabbat holiday in the Wheel of the year. Celebrated on October 31st, Sambain was believed to be a time for the earth to rest before the start of another growing season.

Sambain marks the midpoint between the Autumnal Equinox and the Winter Solstice. This balance of light and dark helps keep us rooted to love, while encouraging hope for the new seasons of life ahead.

Beltane

Beltane is the fifth sabbat holiday in the Wheel of the year. Celebrated on May 1st, Beltane is associated with the Celtic god Baal or Bel. In the home, hearth fires were extinguished and relit with flames from the Beltane bonfires for prosperity and protection in the coming harvest season. Midway between the Spring Equinox and Summer Solstice, Beltane is a time for growth and abundance.

Imbolc

Imbolc is the third sabbat holiday in the Wheel of the Year. Celebrated on February 1st-2nd, Imbolc has ancient Celtic roots and is closely associated with the goddess Brigid. Imbolc marks the halfway point between the Winter Solstice and the Spring/Vernal Equinox. Imbolc is a time to take what you have learned and apply it to new endeavors.

Lughnasadh

Lughnasadh is the seventh sabbat holiday in the Wheel of the Year. Celebrated on August 1st, Lughnasadh is mid-way between the Summer Solstice and the Autumnal Equinox. Ancient traditions celebrated Lughnasadh with the gathering of grains and baking bread.

Lughnasadh is a good time to slow down, reflect and think about the last turn in the Wheel of the Year.

